



## KURSPLAN

# An Occupational Perspective of Health I, 7,5 högskolepoäng

*An Occupational Perspective of Health I, 7.5 credits*

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<b>Kurskod:</b>	HA1R22	<b>Utbildningsnivå:</b>	Avancerad nivå
<b>Fastställd av:</b>	Utbildningsrådet 2013-09-06	<b>Utbildningsområde:</b>	Vård
<b>Reviderad av:</b>	Utbildningsrådet 2018-05-09	<b>Ämnesgrupp:</b>	TR1
<b>Gäller fr.o.m.:</b>	2018-08-27	<b>Fördjupning:</b>	A1N
<b>Version:</b>	6	<b>Huvudområde:</b>	Arbetsterapi
<b>Diarienummer:</b>	Department of Rehabilitation		

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### Lärandemål

Upon completion of the course, the student should have the ability to:

#### Kunskap och förståelse

- analyse how environmental factors affect occupations and health
- analyse how gender affects health and engagement in different occupations
- analyse how human activity affect sustainable health locally as well as globally.

#### Färdighet och förmåga

- independently identify and formulate questions related to the importance of occupations for maintaining, promoting and restoring health
- independently analyse and systematise own knowledge, theoretical starting points and relevant research findings about the importance of occupations for maintaining, promoting and restoring health
- contribute with sound arguments and comments in discussions related to the importance of occupations for maintaining, promoting and restoring health
- independently show clarity and logic in disposition and linguistic stringency in written documentation.

#### Värderingsförmåga och förhållningssätt

- critically review and evaluate own achievements related to intended learning outcomes and formulate questions related to the importance of occupations for maintaining, promoting and restoring health.

### Innehåll

- occupational theories
- gender perspective
- environmental factors
- sustainable health and sustainable development

### Undervisningsformer

The course is web-based with discussion and seminars through the web-based platform.

Undervisningen bedrivs på engelska.

### Förkunskapskrav

Grundläggande behörighet samt avslutade kurser om minst 90 hp inom arbetsterapi inklusive ett avslutat examensarbete om minst 15 hp eller motsvarande.

### Examination och betyg

Kursen bedöms med betygen A, B, C, D, E, FX eller F.

Examination of the course consists of participation in seminars, written assignments and critical reviews of a fellow student's assignment, as well as an individually written reflection assignment. The course examiner is senior university lecturer.

Poängregistrering av examinationen för kursen sker enligt följande system:

Examinationsmoment	Omfattning	Betyg
Examination	7,5 hp	A/B/C/D/E/FX/F

### Övrigt

#### Attendance requirements

Mandatory attendance of course introduction and seminars using the online web-based platform. Microphone headset to be used in seminars online.

#### Kurslitteratur

Christiansen, C. & Townsend, E. (2013). Introduction to Occupation. Harlow: Pearson New International Edition.

Cole, M.B. & Creek, J. (Red.). (2016). Global perspectives in professional reasoning. Thorofare, N.J.: Slack.

Pollard, N. (Red.). (2008). A political practice of occupational therapy. Edinburgh: Churchill Livingstone.

Townsend, E.A., & Polatajko, H.J. (2013). Enabling occupation II: Advancing an occupational therapy vision for health, well-being & justice through occupation. Ottawa: Canadian Association of Occupational Therapists.

Wamala, S.P. (2011). Gender and Social Inequities in Health. A public health issue. Lund: Studentlitteratur.

Wilcock, A., & Hocking, C. (2015). An occupational perspective of health. Thorofare: Slack.

Whiteford G. E., & Hocking C. (2012). Occupational Science. Society, Inclusion, Participation. Maiden: Wiley-Blackwell.

World Federation Occupational Therapy. (2018). Sustainability Matters: Guiding Principles for

Sustainability in Occupational Therapy Practice, Education and Scholarship.

<http://www.wfot.org/ResourceCentre.aspx>

Additional literature will be chosen in consultation with lecturer.

The most recent editions of the course literature should be used.